



# - MAY / JUNE 2017 LIGHT LUNCH MENU -

Available Tuesday-Saturday 12:00pm-3:00pm

*Our full menu is also available for those with a heartier appetite*

**(V) HOMEMADE SOUP OF THE DAY** (d, g, v) **4.95**

*Mug of homemade soup, fresh bread and welsh butter*

**SIP, DIP & ROLL** (d, g) **8.95**

*Mug of homemade soup of the day, pot of hand-cut triple cooked chips, filled fresh homemade bread roll (ask us about today's fresh fillings), ketchup or BBQ sauce*

**TRIO OF BABY BAPS** (d, g, n) **12.95**

*Beef & stilton, cajun chicken with basil & orange, local pork & apple served with fries and homemade coleslaw*

**(V) WELSH CHEESE SLATE** (d, g, v) **7.95**

*Artisan crackers, frozen grapes, red onion chutney, truffled honey*

**4oz WELSH SIRLOIN STEAK SANDWICH** (d, g) **12.50**

*Artisan Barra Gallega rustic bread baguette, fried onions & mushrooms, home cut fries and homemade coleslaw*

**RED LION CLUB SANDWICH, BBQ SLAW & HOME CUT FRIES** (d, g) **10.95**

*Layers of toasted fresh bread, free range chicken, smoked bacon, lettuce, tomato & mayo topped with a fried egg*

**(V) HALLOUMI BURGER, BBQ SLAW & HOME CUT FRIES** (g, d) **12.95**

*Cajun hand spiced halloumi cheese, bbq sauce, tomato, lettuce in a toasted brioche bun*

**CHICKEN BURGER, SLAW & HOME CUT FRIES** (g, d) **12.95**

*Crispy boned chicken thighs, lettuce, tomato, red onion chutney in a toasted brioche bun*

**LOCAL PORK & LEEK SAUSAGES** (d, g, v) **10.95**

*Pomme purée, red onion chutney, rich jus*

**HOMEMADE FREE RANGE CHICKEN CURRY** (d, n) **10.95**

*Pilau rice, warm naan bread, mango chutney (or go full native & have half 'n' half)*

**FISH & CHIPS** (d, g) **13.95**

*Home beer battered west coast haddock fillet, mushy peas, triple cooked hand-cut chips, homemade tartare sauce*

*If you or any of your party suffer from any form of food allergies or intolerances please inform us prior to placing your order and we will do our very best to accommodate, where possible, your specific dietary requirements.*

Ingredient Key: (d) - dairy; (g) - gluten, wheat or lupins; (s) - soy; (v) - vinegar; (c) - celery; (c) - crustacean; (n) - nuts/seeds