



- APRIL/MAY 2018 -  
- LUNCH & LIGHT BITES MENU -

Available Tuesday-Saturday 12:00pm-3:00pm

**(V) HOMEMADE BREAD & TOSCANA OLIVES** (d, g) **4.50**  
*Aged Balsamic vinegar, extra virgin olive oil*

**(V) 'BANG BANG' TEMPURA CAULIFLOWER FLORETS** (g, n) **5.75**  
*Spicy peanut dipping sauce, spring onion & chilli salad*

**HOMEMADE PEA & HAM SOUP** (g, d) **5.95**  
*Fresh baked bread*

**GRILLED CHICKEN CAESAR SALAD** (g, d) **5.25**  
*Croutons, fresh gem lettuce, crisped bacon, poached egg, parmesan*

**(V) CAESAR SALAD** (g, d) **9.95**  
*Croutons, fresh gem lettuce, poached egg, parmesan*

**HOME BOILED GAMMON HAM** (g, d) **11.95**  
*Free range eggs, garden peas, triple cooked hand cut chips*

**RED LION 4oz SIRLOIN STEAK SANDWICH** (g, d) **12.95**  
*Fried onions & mushrooms, triple cooked hand cut chips, grain mustard mayo*

**10oz WELSH GRASS FED SIRLOIN STEAK\*** (d) **24.50**  
*Pepper sauce, panache of vegetables, cherry tomatoes, mushroom, triple cooked hand-cut chips*

**HOUSE CAJUN SPICE RUBBED BREAST OF CHICKEN** (also available without spice rub) (d) **15.00**  
*Tomato & basil sauce, fresh vegetables, cherry tomatoes, mushroom, grilled pineapple, triple cooked hand-cut chips*

- DESSERTS -

Why not accompany your dessert with a chilled 100ml glass of Italian Palazzina Moscato Passito dessert wine for just £6.50

**MANGO PANNA COTTA** (d, g, n) **5.25**  
*Coconut parfait, passion fruit, charred pineapple, rum syrup*

**WHITE CHOCOLATE MOUSSE** (d, g) **5.25**  
*Poached rhubarb, Italian meringue, shortbread, vanilla welsh ice cream, crystallised white chocolate*

**STICKY TOFFEE APPLE PUDDING** (d, g) **5.25**  
*Banana ripple welsh ice cream, Calvados caramel sauce*

**BAKED LEMON CUSTARD** (d, g) **5.25**  
*Puff pastry crisps, chantilly cream, lemon curd, toasted pine nuts, blackcurrant sorbet, crisp meringues*

**TRIO OF MINI CHOCOLATE CRÉME BRÛLÉE** (d, g) **5.25**  
*Clotted cream ice cream, homemade shortbread*

**SELECTION OF AWARD WINNING WELSH ICE CREAMS & SORBETS** **5.25**  
*Please ask your server for the range of flavours currently available*

**SLATE OF WELSH CHEESES** (d, g, v) **7.95**  
*From the north award winning Black Bomber & Green Thunder, from the west creamy Perl Lâs & Perl Wen and Blaenavon cheddar blended with Penderwyn whisky from our local area accompanied by artisan crackers, frozen grapes, red onion chutney, truffled honey. Best enjoyed with a glass of Port, please ask for our current range.*

If you or any of your party suffer from any form of food allergies or intolerances please inform us prior to placing your order and we will do our very best to accommodate, where possible, your specific dietary requirements.

Ingredient Key: (d) - dairy; (g) - gluten, wheat or lupins; (s) - soy; (v) - vinegar; (c) - celery; (cr) - crustacean; (n) - nuts/seeds



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- SET LUNCH MENU -

Available Tuesday-Saturday 12:00pm-3:00pm

2 COURSES - £15.95

3 COURSES - £19.95

- TO START -

**HOMEMADE PEA & HAM SOUP** (d, g)

*Homemade bread*

**SALT & PEPPER SQUID** (d, g)

*Wasabi & ginger mayo*

**HAM HOCK TERRINE** (g, d)

*Piccalilli, onion seeds, sourdough toast*

**(V) HOMEMADE GLAMORGAN SAUSAGE** (g, d, n)

*Celeriac & apple slaw, pickled walnuts*

- MAIN COURSE -

**WELSH LAMB SAUSAGES** (d, g)

*Spring greens, leeks, punchnep potatoes & rich gravy*

**HOMEMADE STEAK & WELSH ALE PIE** (d, g)

*Panache of vegetables, triple cooked hand-cut chips, beef gravy*

**COD & CHIPS** (d, g)

*Minted pea purée, spring greens, hot tartare sauce, batter scraps*

**(V) SWEET POTATO & BEAN GOULASH** (d, g)

*Tabbouleh, guacamole*

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